

SEVEN WAYS TO STAND BESIDE INDIGENOUS FOOD SOVEREIGNTY

Study, learn, practice, and have conversations about allyship. It is an earned responsibility. Anishinaabe scholar Lynn Gehl offers an important framework for thinking about this in the Ally Bill of Responsibilities: www.lynngehl.com/ally-bill-of-responsibilities.html

Gehl asks for the first two points to be shared:

- Do not act out guilt, but rather a genuine interest in challenging the larger oppressive power structures;
- Understand that they are secondary to the Indigenous people they are working with and that they seek to serve. They and their needs must take a back seat.

4

Write to your government. Make it a regular practice. Ask friends and family to do the same.

5

Attend marches, rallies, gatherings, and protests where Indigenous peoples are working to challenge oppressive systems that commodify land and culture.

Make climate change an issue your neighbours, community and government can't ignore. Learn about the Indigenous Climate Action at: www.indigenousclimateaction.com

2

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Position Indigenous voices at the center of your learning. Suggested readings:

- *As We Have Always Done* by Leanne Simpson
- *Braiding Sweet Grass* by Robin Wall Kimmerer

3

Learn the traditional food practices of your ancestors. Share those practices with your family and community.

7

Eat close to the land. Practice love and gratitude for what the land provides by being an active citizen. What are the environmental issues in your own area? How can you work for change?

6

